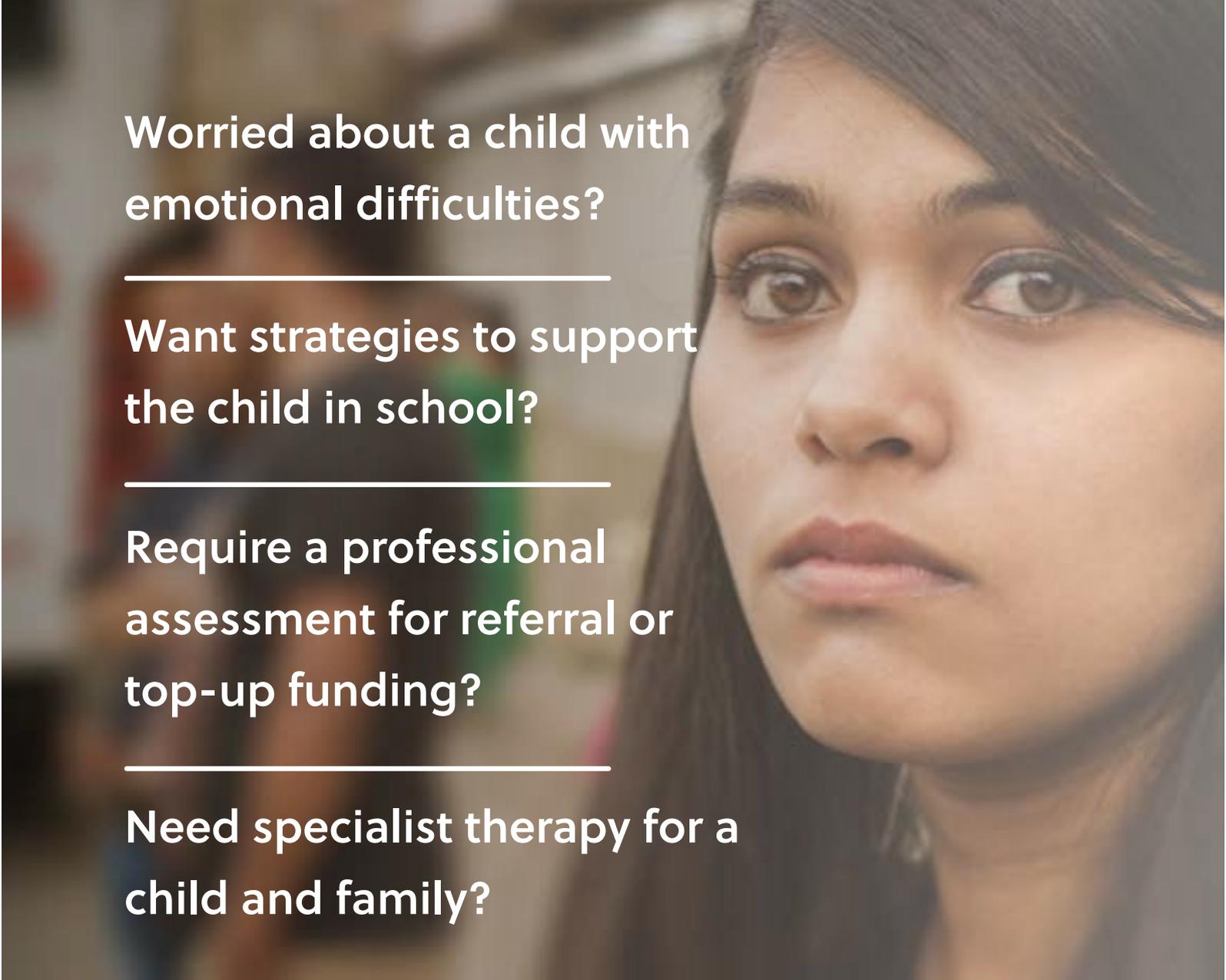




BRIEF INTERVENTIONS

WHEN EMOTIONAL PROBLEMS
NEED SPECIALIST HELP



Worried about a child with emotional difficulties?

Want strategies to support the child in school?

Require a professional assessment for referral or top-up funding?

Need specialist therapy for a child and family?

Through our Brief Interventions, Bridge in Schools provides the specialist, school-based, mental health input that schools need.

Emotionally disturbed children can be a huge worry and challenge to their teachers, as well as to other children in their school. Often schools use trained Counsellors, Thrive workers and Play Therapists to provide support, but sometimes

children need further help that's hard to access. Big obstacles can get in the way, like long waiting lists, high referral thresholds, and family difficulties. That's when Bridge in Schools can help.

Book a FREE PHONE CONSULTATION to check if this is the right service for a child in your school. Call us on 0117 942 4510 or email hania.maclagan@bridgefoundation.org.uk

Brief Interventions offer time-limited, stand-alone help for children with more complex backgrounds and issues:

- to assess the emotional/mental health needs of the child;
- to support family/staff towards a shared understanding of the child's emotional needs and joined-up support strategies;
- to support schools to put in place holding measures while referrals are being processed;
- to contribute professional reports to support school applications for example top-up funding, or referrals to CAMHS;
- to provide school-based therapy for the child and/or parent.

Support is commissioned on a case-by-case basis. The service is based on pre-agreed contracts that specify the aims, scope and length of intervention. All interventions are evaluated against agreed goals.

Timely

We aim to respond to Brief Intervention requests within a week of contact. The starting point is a phone consultation with the school to get the context, establish the main concerns, who should be involved and what the budget is. Then we send a written proposal to the school. We aim to offer a specialist appointment within two weeks of the contract being agreed.

Expert

Bridge in Schools has a 10-year track record of work with Bristol schools. Children and families see highly

trained staff, rarely to be found outside specialist NHS services or costly private clinics. We are uncompromising about maintaining this level of expertise, so that the best help is there for the most vulnerable. Regular clinical discussion means that each of our interventions is also strengthened by the thinking of experienced colleagues back in the Bridge in Schools clinical team.

Relevant

"We notice that he is more reflective and opening up in a way that we haven't seen before." (School Senco, about a boy at risk of exclusion).

"It was really helpful - especially to support the work of the carers."

(School Head, about support for a fostered child and her family).

Timely

We fund raise to keep the cost of Interventions down for schools. In 2021, the fee is £68 a session (one hour), which includes the therapist's travel time and expenses for schools within a 5 mile radius of the centre of Bristol. A small surcharge per visit is added for work in more distant schools. Professional reports for referral/top-up funding are charged separately at £100 per report.

Cost benefits include reduction in the resource needed to support the child out of class, or to fund alternative educational provision; reduction in stress-related staff absence and staff support costs; increased access to other resources through eg engagement of other services, top-up funding, etc.

“Overall (the clinician) was excellent. I would most definitely use the service again.”

SCHOOL HEAD, ABOUT SUPPORT FOR A
DISTURBED LOOKED AFTER CHILD

Contact:

 hania.maclagan@bridgefoundation.org.uk

 0117 942 4510



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